



## BRUNCH

(SERVED ALL DAY)

### 'Yoghurt' Bowl £5.95 (GFO)

Topped with compote, blueberries, granola

### Toasted Pancakes £7.95

Served with chocolate and hazelnut spread, compote, blueberries and granola

### Breakfast Burrito £11.95

Tofu scramble, smoky beans, roasted potatoes, mushrooms, spinach and 'cheese'

### Eden English £11.95 (GFO)

Tofu scramble, smoky beans, mushrooms, roasted potatoes, spinach and sourdough

### The Big Eden English £14.50 (GFO)

Extra large Eden English with melted 'cheese' and tomatoes

### Eden Brunch Platter £17.95

Flight of elixirs, mushrooms and 'egg' on sourdough, pancakes, 'yoghurt' bowl, 'feta' salad, seasonal cake

## SANDWICHES

### The Reuben £7.25

'Pastrami', gherkins, sauerkraut, toasted with cheese

### Coronation Chickpea £6.95 (GFO)

Lightly spiced curried chickpeas and spinach

### 'Egg' and Cress £7.25 (GFO)

Traditional 'egg' and cress with mixed leaves

## SPECIALS

### Caesar Salad £11.50 (GFO)

Chickpea, 'bacon', romaine, croutons with Caesar dressing

### Quiche of the Day £11.95

Warmed and served with potatoes and mixed leaf salad

## SIDES

### Roasted Potatoes £2.95

### Side Salad £3.5

### Loaded Potatoes

Small £4.95

Sharer £8.95

## DESSERTS

### Cream Tea £7.45 (GFO)

Scone with clotted 'cream' and jam, served with the tea of your choice.

Our selection of cakes can be found at the counter, come and see or ask us for help!



## COFFEE

From Triple Co in Montpellier.

Latte £3.75	Cortado £2.95
Cappuccino £3.55	Espresso £2.55
Flat White £3.55	Mocha £3.95
Americano £3.35	Babyccino free
Macchiato £2.95	

Milks: Oat, soy, coconut | Iced +35p |  
Syrup +55p | Third shot: +70p

## TEAS £2.95

From local heroes Bird and Blend  
and sustainability-focused Canton.

**Black or Decaf:** English Breakfast,  
Earl Grey

**Green:** Jade Tips, Blue Raspberry

**Rooibos:** Plain, Earl Grey,  
Gingerbread Chai

**Other Herbals:** Chamomile,  
Peppermint, Lemongrass Ginger

## CHAI

Chai Latte £3.95  
Dirty Chai £4.65

## ELIXIRS £4.95

Hot or iced. Lattes with anti-  
inflammatory, brain-boosting and  
stress-relieving ingredients.

### Matcha, Moringa & Cordyceps

Endurance, stamina, respiratory &  
immune function, blood sugar

### Turmeric, Ginger & Lion's Mane

Cognitive function (memory, focus),  
mood, inflammation

### Cacao, Cinnamon & Reishi

Immunity, stress, anxiety, sleep

## BOTTLED DRINKS

Karma Cola £3.5

Bottled Juice (Orange / Apple) £3.5

Lemonade (Classic / Raspberry) £3.4

Elderflower Pressé £3.4

Ginger Beer £3.4

Firefly Juice Blends: Kiwi, Lime & Mint /  
Pomegranate & Elderflower £3.5

Mineral Water (Still / Sparkling) £2.5

Kids' Juicebox £2



## SMOOTHIES & MILKSHAKES

### Berry Smoothie £4.95

Add nut butter or hemp +£1

### Strawberry Milkshake £5.50

Add whipped cream and sauce +£1

Smoothie/Milkshake the week

## HOT CHOCOLATE

House Hot Chocolate (66% cocoa)

£3.75 - hot or iced

Chilli +15p | Supreme +£2

## ALCOHOL

**Prosecco:** Di Maria DOC Brut NV £9

**House Red:** Lautarul Pinot Noir,  
Cramele Recas, 2022 £7.5

**House White:** Rio Alto Chardonnay,  
Aconcagua, 2022 £7.5

ASK FOR OUR SPECIALS!

